



## High performance programme 2015

*Energize your teams with  
Alain Rolland*



apartners 

# Conference and workshop with Alain Rolland and Philippe Cosson

- ✓ Give a new perspective to the manager role
- ✓ Learn to handle difficult situations
- ✓ Achieve excellence through preparation
- ✓ Succeed as a team
- ✓ Recharge your batteries !

We organize with you a creative training program including :-

- ✓ Sharing insights with a highly regarded sport professional
- ✓ Grasping specific concepts grounded in real situations (supported by footage from games)
- ✓ Role-plays to energise your team

# Alain Rolland, Programme Director

- ✓ Alain is a former Irish international scrum half and is recognised as one of the best International referees of all time. In his 15 year refereeing career, he took charge of three Heineken Cup Finals and 66 test matches, including the Rugby World Cup Final in Paris in 2007. Alain also worked for over 25 years in the financial industry.
- ✓ His unique experiences at the heart of the action in elite sport while also working as a General Manager in a financial services company provide compelling insights into developing successful Planning, Communication, Decision Making and Leadership Strategies.
- ✓ In facilitating workshops with Philippe, Alain contributes his unique experience on aspects such as :
  - ✓ How to change behaviours quickly
  - ✓ How take decisions under pressure
  - ✓ How to involve your team in decision making

# Organize a session

- ✓ Preliminary contact we prepare the objective and the structure with you
- ✓ Among the many options are :
  - ✓ A full day for 30 participants with presentations, debate and role-plays facilitated jointly by Alain and Philippe
  - ✓ An interactive conference as part of a wider event (no limit on numbers of participants)
  - ✓ A team building seminar

# Clients 2008-2014

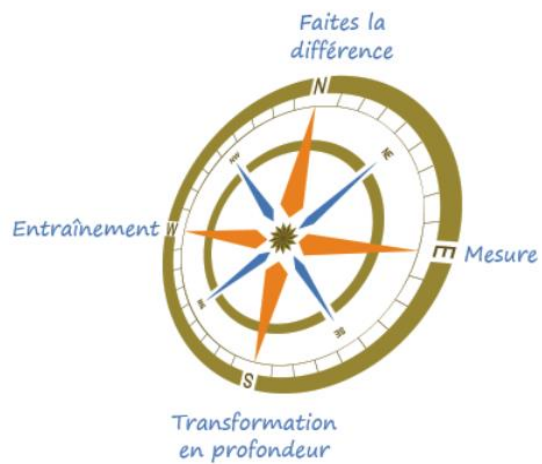


Irish Life



BNP PARIBAS





## AP Partners

6 Charlemont Terrace,  
Crofton Road,  
Dún Laoghaire,  
Co. Dublin  
Ireland

Email: [enquiry@ap-partners.com](mailto:enquiry@ap-partners.com)

Tel: +353 1 230 08 96